



Praying the Litany with Children

One of the best and easiest ways to nurture the spiritual life of your children is to give them a language for prayer. Children know that when we speak to Jesus, we want to use a language that acknowledges His Majesty.

Take time for prayerful reflection on a few of the images in the Litany to the Sacred Heart: when you hear the words aflame with love for us, what do you think of? Reflect too on the meaning of mercy: when we ask for mercy, we are asking for shelter, for protection from punishment, from danger.

Involve movement when you pray the Litany with young children: Cut out the cards on the following page and lay them on a beautifully prepared table. Invite your children to take turns selecting a card, reading it out (with help if needed), and placing it on a prayer table prepared to honour the Sacred Heart. Select additional images from the Litany together.

Your children may also enjoy making prayer cards that depict these beautiful images of the Sacred Heart.

Lord, have mercy
Christ, have mercy
Lord, have mercy

Heart of Jesus,
house of God and
gate of heaven

Heart of Jesus,
afame with love
for us

Heart of Jesus,
tabernacle of the
Most High

Heart of Jesus,
treasure house
of wisdom and
knowledge

Heart of Jesus,
desire of the eternal
hills

Heart of Jesus,
fountain of life
and holiness

Heart of Jesus,
obedient even to
death

Heart of Jesus,
our life and
resurrection

Heart of Jesus,
full of goodness and
love

Lamb of God, you take
away the sins of the world
Lamb of God, you take
away the sins of the world
Lamb of God, you take
away the sins of the world

Jesus gentle and
humble of heart,
touch our hearts and
make them like your
own

Lord, have mercy
Christ, have mercy
Lord, have mercy

Heart of Jesus,
house of God and
gate of heaven

Heart of Jesus,
afame with love
for us

Heart of Jesus,
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