



Association of
Catholic Mental
Health Ministers

Working to bring Catholic Mental Health Ministry to Every Parish

About the Association of Catholic Mental Health Ministers (CMHM)

The CMHM is a Lay Association of the Christian Faithful whose members are called to be a healing presence in the lives of people with mental illness.

The CMHM works to make mental health ministry an integral and common ministry in the Church that is available in every Catholic parish and community. Mental health ministry provides spiritual support to people living with a mental illness to assist them to live in holiness and educates and informs the Catholic community about the issues, struggles and joys that can be found in people living with a mental illness.

The CMHM provides the tools, methods and insights that allow catholic leaders to confidently minister to people with a mental illness without fear or prejudice.

You can learn more about mental health ministry by visiting the Association of Catholic Mental Health Ministers at: **catholicmhm.org**

Parish Ministry Resources

- How to Start a Mental Health Ministry in Your Parish
- Developing Spiritual Support Groups
- Parish Ministry and Outreach
- Mental Health Ministry Meetings

Prayer and Worship

- Prayer Resources
- Worship and Liturgy Resources
- Testimonials and Reflections

Educational Resources

- Film and Video Resources
- Catholic Mental Health Ministry Learning Center for online learning
- Mental Health First Aide

Scan to learn more or to contact us:

